

## FIGHTING FIT



### RELIGIOUS EDUCATION

In RE we will be asking the questions: How can Churches help us to understand Christian belief? and What would Jesus do? The children will be learning about how the beliefs of Christians influence their actions and the significant features found in Churches of two Christian denominations.

### PERSONAL SOCIAL HEALTH & ECONOMIC EDUCATION

In PSHEe we will consider how being different can be a barrier to friendship. We will investigate using language to calm conflict situations and endeavour to see things from another's viewpoint.

### THE BIG IDEA

The theme this term is promoting a healthy lifestyle and fitness. We will look at the impact of diet, exercise and drugs on our bodies. We will gain a better understanding of food types and use this to plan healthy snacks.

### TOPIC

In our Topic lessons, we will investigate what makes a healthy lifestyle. We will look at the different food groups and decide what makes a well-balanced diet. We will find out how to measure our pulse rate, and the effect that exercise has on it, and we will consider what sports we could practice to keep us fit. We will consider the effect that drugs have on our bodies, by focussing on smoking.

### DESIGN & TECHNOLOGY

In Design & Technology we will taste and review 'on the go' snacks, then we will research snacks and survey each other to find out what people like in a snack. After we have practised our food preparation skills, we will design a more healthy snack and write a recipe for it. Finally we will prepare our new snack, taste it and evaluate it.

### P.E.

In P.E Year 5 children will be taking swimming lessons Athletics will also be taught in P.E. The children will be learning to:

- Choose an appropriate pace for various different running distances and disciplines
- Throw accurately and for distance
- Jump using an appropriate technique to cover distance

### FRENCH

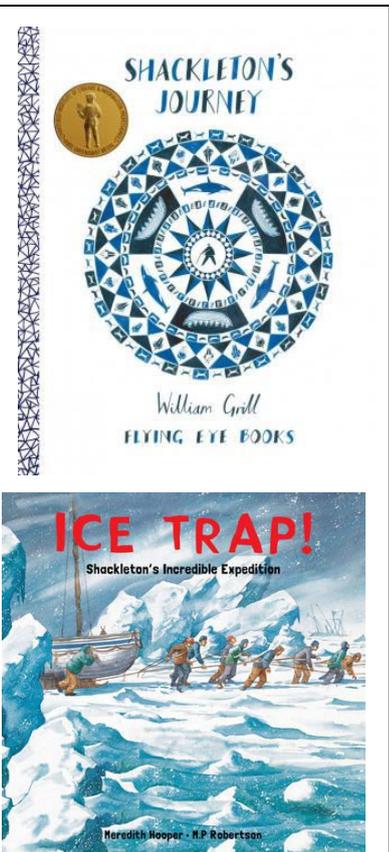
In French we will follow directions and give our own direction. We will learn the names of some food and express our likes, dislikes and preferences about food.

## ENGLISH:

In Literacy we will be looking at Shackleton's Journey written by William Grill. The characters and settings are well drawn, offering young readers a good model for their own story planning and descriptive writing. The historical time frame and reports of events are factually accurate offering an exciting true story of rescue and survival.

The children will be learning to:

- Respond to illustrations
- Write a character fact file
- Research a character and respond to a job advert in role, writing a CV
- Write a formal letter in role
- Write a speech using emotive language
- Use drama to explore scenes
- Write persuasively
- Write a news report
- Compare and contrast Shackleton's Journey to Ice Trap and consider how the authors' choices affect the reader



## MATHS:

The children will be learning to:

- Improve their knowledge of times tables
- Improve their written calculation skills in addition, subtraction, multiplication and division
- Revise and improve their fractions calculation skills
- Measure and draw angles accurately using a protractor
- Calculate missing angles in right angles, a straight line and round a point
- Calculate missing angles in triangles and quadrilaterals
- Calculate missing angles at crossed lines
- Calculate perimeters and areas.

## SCIENCE

- The children will look at the circulatory system, how the heart works, and its purpose in the body. We will also investigate blood; its make up and function in the body.

**SPIRITUAL, MORAL, SOCIAL AND CULTURAL DEVELOPMENT:** We will continue to look at how people with different faiths and beliefs live alongside each other. We will consider how we can promote tolerance and respect for others. We will also think about our Big Question: Is it good to be different?

## **CLASS ROUTINES:**

### **HOMEWORK:**

- The children will have a weekly Maths and English homework task linked to learning in class. The homework will be sent home on Friday and is due back in school on Thursday.
- Children are expected to be heard read at least five times a week. Please make sure that you record each time your child reads or is heard read in their homework diary.
- The children will also be given a termly topic related task which they are encouraged to approach creatively as there is greater flexibility in how they present the outcome.

### **P.E. LESSONS:**

- The children need to have their P.E. kit in school each day and it should be taken home each Friday so that it is kept clean for lessons.
- Jewellery must be removed so if your child has their ears pierced they will need a small pot in their bag to put their earrings in to keep them safe.
- Long hair should be tied back for school, but it must be tied back for P.E. lessons so a spare hair band is a good idea.

### **COMMUNICATION:**

- Please encourage your children to speak to me if they should have any concerns, and of course I will always be available at the end of school if you wish to speak to me directly.
- I will continue sending home 'ASK me about ...' cards so that you are able to talk about the children's learning at home. Please look out for these.